



HEAVY LIFTING

A book, a film, an opportunity for dialogue and healing in this historic time of crisis and renewal

BOOKWORK :: FELICIA RICE

POEMS :: THERESA WHITEHILL

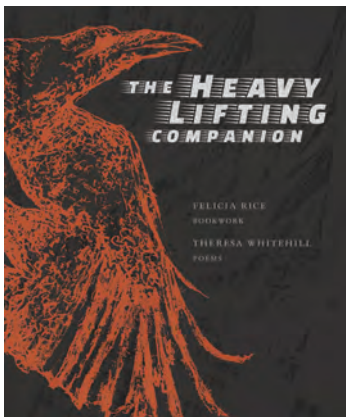
The limited edition artists' book, HEAVY LIFTING, is the outcome of a collaboration between artist Felicia Rice of Moving Parts Press and poet Theresa Whitehill.

Felicia printed 60 copies in her new letterpress studio in Mendocino which was built with the support of over 800 donors after her entire print shop in the Santa Cruz Mountains was destroyed by wildfire in August 2020.

Heavy Lifting — A limited edition artists' book of two nesting accordion-fold panels, letterpress and relief printed
 Panel 1 10" x 14.5" x 80" — Panel 2 10" x 12.5" x 100"

The book rests in clamshell box with the companion book and experimental film on SD card \$2700

Edition of 60, of which a deluxe edition of 12 includes a digital viewer loaded with 9 short films \$3400



The Heavy Lifting Companion — This book pairs the full suite of poems by Theresa Whitehill with essays and photos about each element of the artists' book.
 84 pp, 7.75" x 9.375" \$35

Fundraising — 10% of the sales of the companion book are donated to humanitarian aid in local communities.

Workshops — Bookmaking with Felicia Rice at Moving Parts Press offers further opportunities for dialogue.

Web presence — *Heavy Lifting* web pages document all elements of the project and act as a repository of poetry and video by collaborators, with an invitation to others to join.

movingpartspress.com/heavy-lifting

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LISTENING TOUR

A series of events marking the publication of HEAVY LIFTING will be held in fire-stricken communities throughout northern California in 2023. Each event opens with a display of the artists' book by Felicia Rice and a showing of the experimental film, On Heavy Lifting, followed by a poetic conversation alternating poems read by Theresa Whitehill & guests with contributions from the audience.

- Mar 12 2:00 Caspar Shul, Caspar
- Apr 15 2:00 Coast Community Library Community Room, Point Arena
with guest, Sidney Regelbrugge, Mendocino Co. Youth Poet Laureate
- May 13 7:00 Starlight Lounge, Willits Community Theatre, Willits
- May 20 1:00 Schoolhouse Museum, Lower Lake
with guest, Georgina Marie Guardado, Lake Co. Poet Laureate
- July 16 3:00 Indexical, Santa Cruz
- Aug 5 10:00 Pacific Textile Arts, Fort Bragg
- Sep 10 4:00 CODEX Foundation, Berkeley
- Oct 26 7:00 Writers Read, Grace Hudson Community Room, Ukiah
with guest, Georgina Marie Guardado, Lake Co. Poet Laureate
- Nov 11 2:00 North Bay Letterpress Arts, Sebastopol

ON HEAVY LIFTING

ON HEAVY LIFTING is an experimental art film with live footage of the bookmaking process and immersive projections of the book's imagery within a soundscape of five poems read by multiple performers. 17:12 min

movingpartspress.com/heavy-lifting-film



Kara Starkweather in On Heavy Lifting